

Modifications of UAYSL Rules for Indoor Play

RULE 104. AGE GROUPS

As of November 1st, all teams must move up to the appropriate age group for the new seasonal year.

RULE 105. GENERAL INDOOR GUIDELINES

105.1 Food and Other Foreign Objects

- (a) Players are not allowed to chew gum or eat anything at any time on the field.
- (b) No food or drink products are allowed on the turf surface.
- (c) No spitting on the turf. The offender may be subjected to ejection from the facility by facility staff.
- (d) Water is allowed in the technical bench areas. All empty bottles and containers must be removed or thrown away after every game.
- (e) Any foreign material (i.e. pre-wrap, athletic tape, Band-Aid wrapping, etc.) around the technical bench areas must be removed or thrown away after every game.
- (f) Unless modified herein FIFA Laws of the Game will be applied to all indoor games.

RULE 205. ROSTERS AND PLAYER PASSES

Player passes are generally not required for indoor play although the UAYSL BOD may opt to require player passes. If passes will be required notification will be posted on the UAYSL website. The official UAYSL team roster provided by the league administrator is mandatory at all games and must be submitted to the referee and opposing team coach prior to the start of the game. Failure to do so will be noted on the referee's game report and the league will enter the game as a forfeit. Four (4) eligible guest players may be added to the official roster in the designated space.

205.1 Indoor Roster Sizes

Age	Min Roster Size	Max Roster Size
9U & 10U (Rec)	6	14
11U	9	18
12U	9	18
13U-15U	9	18
16U-19U	9	22 (only 18 can dress for any one game)

205.2 Dual Rostering

Dual rostering will be allowed in all divisions with maximum set by roster limit.

RULE 301. RULES OF PLAY

Conform to FIFA and the UAYSL Rules of Competition unless otherwise noted.

301.1 Game Time

Games will start 5 minutes after the hour and end no later than on the hour; however a ten-minute grace period will be given to team without the minimum number of players to start the game. This grace period will count as part of the game time. The clock is running.

301.2 Number of Players

- (a) 9U/10U recreational teams will play 7v7 (six field players and one designated goalkeeper) at all venues. Teams must have a minimum of 5 players to play the game; one must be the designated goal keeper. If a team for any reason falls to 4 players the match is terminated and the team which cannot field at least 5 players must forfeit.
- (b) 9v9 Division - teams 11U-19U will play 9v9. Venues: Fox Hollow and 2/3 field at The Dome. Teams must have a minimum of 7 players to play. If a team for any reason falls to six players the match is terminated, and the team that cannot field at least six players must forfeit.
- (c) If playing in a combined age bracket, teams must comply with the rules as set for the older age group in the bracket.

301.3 Player's Equipment

Indoor, turf and molded cleats are all acceptable equipment. There will be absolutely no soft ground baseball, football or metal cleats allowed.

301.4 Kickoff

The ball may move in any direction.

301.5 Offside

Off-sides will be played by teams in all age groups at all indoor venues according to **FIFA Offside Rules**.

301.6 Defensive Penalty-area Restart Rule

Wasilla Sports Complex:

For age divisions 14U and above, any restart within the defensive penalty area cannot continue, in the air, over the half line without first touching a player or the ground. This includes goal kicks. A violation of this rule will result in an indirect free kick for the non-offending team at the point where the ball crossed the half line. **Note:** This rule applies to restarts, not to any actions during play.

At The Dome Only:

All ages – there will no longer be restrictions on goalie kicks.

301.7 Ball Out-of-play Across the Touchline

Throw-ins apply to youth play, FIFA rules apply. The ball must re-enter the field of play within one yard of where it exited the field, and it may be thrown into the penalty area.

301.8 Sliding

Slide tackling will be allowed in all UAYSL age divisions.

301.9 Goalkeepers

At the MacDonald Center, AT&T and Wasilla Soccer Complex turf locations only:

For players in age division 13U and below, goalkeepers are governed by outdoor (FIFA) rules, meaning drop kicks and punts are permitted in indoor play. For age divisions 14U and above, the goalkeeper may not drop kick or punt the ball up field after receiving the ball in his/her hands. The term —drop kick includes any dropped ball that has bounced fewer than three times. In combined age divisions, play is governed by the rules that pertain to the oldest age division within the bracket.

At the Dome Only:

For teams in all divisions – goalkeepers are governed by FIFA outdoor rules, meaning that drop kicks and punts are permitted.

301.10 Distances from Restarts

THROW-INS: Opponents must be at least (2) yards away at all indoor facilities.

ALL OTHER RESTARTS EXCEPT DROPPED BALLS: Opponents must be at least 10 yards away at the Dome fields, (8) yards away at Fox Hollow and (7) yards away at all other indoor facilities.

RULE 302. SUBSTITUTIONS

Substitutions may be made at any stoppage with permission of the center ref. Substitutions may not enter the field of play without the permission of the referee. If a team is found to have more than the maximum number of players on the field, the extra players entering the field will receive a yellow card. The referee must be notified of goalkeeper changes.

RULE 303. LENGTH OF GAMES

Games will consist of two twenty-five minute halves with a two-minute halftime—52 minutes total.

