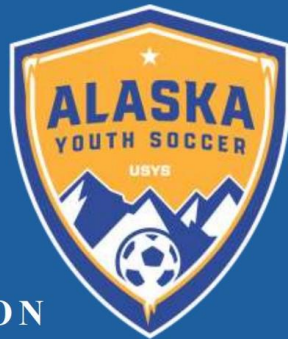


AYSA Return-to-Play Plan Phase IV Implemented 5/29/20

Effective Date 5/29/2020

Phase IV



FULL TEAM COMPETITION

“NEW NORMAL”

Restrictions/ Recommendations

PARENTS/ PLAYERS

- Players practice social distancing set apart bag/ equipment from others
- Limit carpooling to only members of the same family. Parents stay in car.
- Hand sanitizer to use before, during and after training; face mask if desired
- Players gear and equipment to be washed/sanitized before/after training
- If you are sick or feel sick, or an at-risk individual STAY HOME

AFFILIATE CLUBS/ LEAGUES/ COACHES

- **Sanitizing options onsite.** including; hand sanitizer and disinfectant
- **Minimize Social Distancing-** entrances/parking lots/fields/spectator areas
- **Physical Contact** only permitted within the rules of soccer during time of active play (Teams not to play more than one league game per day)
- Teams should leave the field as soon as reasonably possible after play.
- Limited travel in-state to events that would require overnight stay.
- Follow Return to Play (RTP) Protocols for Sanctioned Events.

Alaska Youth Soccer Association



Recommended social distancing maintained before/ after activities; always on the sidelines.

Events should comply with local and regional guidelines for the appropriate number of people in one group and the size of the group/ location.

Limited e.g. hugs, high-fives and handshakes.



Full team training and competition allowed while continuing all COVID-19 prevention and response protocols in place and followed.

Participation in games and tournaments allowed within AYSA sanctioning and (RTP) Protocols for Sanctioned Events.



Avoid sharing equipment, practice vest, snacks, and water bottles.

Players should not pick up field equipment, move goals, or handle training equipment.



Upon arrival coaches ask athletes if they are experiencing signs/symptoms of COVID-19.

Team meetings and tactical discussions to be provided in digital format, if possible. Follow AYSA Code of Conduct-Social Media Guidelines

NOTE: CDC recommend six (6) feet for social distancing. Adhere to all Federal, State and Local guidelines and requirements.

UAYSL Roles/Responsibilities for AYSA Return-to-Play Phase IV & MOA Phase III

UAYSL	Referees	Club	Coach & Manager	Parent & Player
<p>Distribute and post AYSA & UAYSL Return-to- Play COVID-19 Mitigation Plan.</p> <p>Ensure UAYSL referees are aware of the UAYSL Mitigation Plan.</p> <p>6ft. social distancing markers will be present on sidelines for teams, refs and spectators.</p> <p>UAYSL COVID-19 protocols and best practices signage will be placed at the entrance to all game fields when possible.</p> <p>Consecutive games on the same field will be staggered to increase social distancing during transition times. Congregating of players and parents is to be avoided.</p> <p>Portable toilets will be equipped with hand sanitizer. Handwashing stations will be present if available.</p> <p>Toilets will be serviced & disinfected 3x per week.</p> <p>It is recommended that teams not be scheduled to play in more than 1 game per day.</p>	<p>Follow the UAYSL Return-to-Play COVID-19 Mitigation Plan.</p> <p>Sign AYSA COVID-19 Health Screening & Release Form and send to Referee Assignor.</p> <p>If referees are experiencing any signs or symptoms of COVID-19 they should notify the assignor immediately, and voluntarily remove self from all assignments.</p> <p>Referee should use hand sanitizer before and after each game, have a personal supply of sanitizer, disinfectant wipes, latex gloves and tissues, face mask if desired.</p> <p>Referee should wash and sanitize jersey and equipment regularly and set bag apart from others.</p> <p>Referee should remain ten (10) feet for social distancing prior, during and after the game.</p> <p>Referee is discouraged to blow the whistle, within ten (10) feet of participants.</p> <p>Referee should discourage group celebrations, high 5's, hugs, handshakes and spitting.</p> <p>Referee should leave the field as soon as reasonably possible after play.</p>	<p>Distribute & post AYSA & UAYSL Return-to-Play COVID-19 Mitigation Plan.</p> <p>Ensure all players have submitted a signed AYSA COVID-19 Health Screening & Release form to be kept on file for the remainder of the year.</p> <p>Clubs are required to certify, in writing to UAYSL, that all club players participating in league games have submitted a signed COVID-19 Health Screening & Release form and said forms are on file.</p> <p>Team rosters must be paperless, accurate for each game and available to opposing coaches, managers and referees electronically.</p> <p>Train and educate all club & team staff/volunteers on Return-to-Play recommendations.</p> <p>Provide coaches with sanitation supplies if possible and/or instruct parents to provide for their player.</p> <p>Clubs are required to notify UAYSL immediately if a player is diagnosed with COVID-19, has reported symptoms or was exposed to a person with COVID-19.</p>	<p>Follow the AYSA & UAYSL Return-to-Play COVID-19 Mitigation Plan.</p> <p>Screen self & all players prior to the start of each game. Ensure safe isolation of any unwell player and notify parent/guardian immediately.</p> <p>Keep a log of player attendance for all games. This must be available upon request if needed for contact tracing.</p> <p>Team rosters must be paperless, accurate for each game, and available to opposing coaches, managers and referees electronically.</p> <p>Ensure teams are instructed on social distancing requirement of 6ft separation while entering/exiting the parking lot, the field area and while on the sidelines. Physical contact is only permitted within the rules of soccer during time of active, active play.</p> <p>Monitor & ensure players avoid sharing equipment or touch any training or field equipment. Sanitize team equipment before and after each game.</p> <p>Masks recommended for all team staff and players before and after each game.</p> <p>Teams must leave the field immediately after the conclusion of each game to improve social distancing during transition times.</p>	<p>Follow the AYSA & UAYSL Return-to-Play COVID-19 Mitigation Plan.</p> <p>If player is sick, feeling sick or if parent or player is an at-risk individual STAY HOME.</p> <p>Player must bring own equipment & water bottle to games. Player should not share water, food or equipment.</p> <p>Team snacks are discouraged.</p> <p>Player should wash/sanitize hands before, during & after games. Masks if desired. Bring own sanitizer.</p> <p>Players should practice social distancing on sidelines - 6ft away from others.</p> <p>No hugs, high 5's, handshakes, knuckles or physical contact group celebrations. No spitting is allowed.</p> <p>Limiting carpooling to only members of the same household is recommended. Spectators, if allowed, must practice social distancing of 6ft. Masks recommended for spectators at all times while at a game.</p> <p>Parent to notify Club immediately if player becomes ill for any reason or was exposed to a person with COVID-19.</p>